



Rehearsal Guide

COVID-19 Shot

(A Supplement to the “Getting a Shot Rehearsal Guide”)

*Preparing people with intellectual disability/autism (ID/A)
to successfully receive a COVID-19 Vaccination.*

Designed for Use With the “Getting a Shot Rehearsal Guide”

This Supplement is Specific to the COVID-19 Vaccination

(Name of individual), you are going to have a COVID-19 shot on *(insert date here)*.

The shot is a way to get medicine into your body that can help protect you from getting COVID-19.

The doctor ordered this shot for you to help keep you from getting COVID-19.

You will wear your mask when getting the shot.

The shot is given in your upper arm.

You will get one shot now and one more in about 3 or 4 weeks.

The 2 separate shots work together to help keep you from getting sick from COVID-19.

Your arm might feel sore afterward, or you might feel tired or have a headache.



Note to Caregiver: Assist the individual in talking to the healthcare provider about possible side effects.



For additional information regarding this guide or any of our physical or behavioral health trainings, contact:

**Kepro SW PA Health Care Quality Unit
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