
COVID-19 Resource List for Health Care Providers
October 2020

Dear Provider:

Here is a list of websites that you may find helpful as you continue to develop policy and procedures for your agency to mitigate the challenges presented when staff and individuals in your care test positive for COVID-19. The information has been divided into 3 categories:

1. Safe Practices and Infection Control
2. Additional Tools and Resources
3. Testing for COVID-19

As you know, the CDC, my ODP, and the Pennsylvania Department of Health contain a wealth of up-to-date information related to COVID-19. Additionally, the HCQU's website contains informational packets, resources, factsheets, and rehearsal guide related to COVID-19, as well as online training about coronavirus for caregivers and self-advocates. Please contact us for further information at 724-864-0715.

Safe Practices and Infection Control

Cleaning and Disinfecting Your Facility

Provides guidance on cleaning and disinfecting a facility, with everyday steps, steps when someone is sick, and considerations for employers.

<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

Cleaning and Disinfection for Community Facilities

Provides guidance on the cleaning and disinfection of areas occupied by those with suspected or confirmed COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>



Contact Tracing FAQs

Provides information related to frequently asked questions about contact tracing.

<https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing-faq.html>

Facemask Do's and Don'ts for Healthcare Personnel

Provides guidance on things to do when putting on a facemask, when wearing a facemask, and when removing a facemask.

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/hcp/fs-facemask-dos-donts.pdf>

How to Protect Yourself and Others

Provides guidance and strategies to help reduce the spread of COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

How to Select, Wear, and Clean Your Mask

Provides guidance for how to select, wear and clean masks.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>

People at Increased Risk

Provides guidance for people who need to take extra precautions against COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/index.html>



People with Disabilities

Provides guidance on protecting against and preparing for COVID-19 infection in individuals with disabilities.

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-disabilities.html>

Respirator On/Respirator Off

Provides guidance for positioning a respirator correctly, how to check the seal, and how to remove the respirator.

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/hcp/fs-respirator-on-off.pdf>

What to Do If You Are Sick

Provides guidance for what to do if you have symptoms of COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

When to Quarantine

Provides guidance for when to quarantine if you may have been exposed to COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

When You Can be Around Others

Provides guidance when you can return to being around others after a COVID-19 infection.

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>



Using Personal Protective Equipment

Provides guidance on use of Personal Protective Equipment.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>

Additional Tools and Resources

10 things you can do to manage your COVID-19 symptoms at home

Provides guidance on things you can do at home to manage COVID-19 symptoms.

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf>

Coronavirus Disease 2019 (COVID-19): Supporting Your Loved One in a Long-Term Care Facility

Provides suggestions to help residents stay connected with their families and loved ones.

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/supporting-loved-one-in-long-term-care-facility.pdf>

Critical Workers

Provides guidance to ensure continuity of operations of essential functions during the COVID-19 pandemic.

<https://www.cdc.gov/coronavirus/2019-ncov/community/critical-workers/implementing-safety-practices.html>

Daily Activities & Going Out

Provides guidance on protecting yourself while engaging in public activities.

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/going-out.html>



Investigation a COVID-19 Case

Provides guidance on investigating a case of COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/investigating-covid-19-case.html>

Reopening Buildings After Shutdown

Provides guidance for ensuring the safety of occupants and building water systems and devices.

<https://www.cdc.gov/coronavirus/2019-ncov/php/building-water-system.html>

Testing for COVID-19

Overview of Testing for SARS-CoV-2 (COVID-19)

Provides guidance on the appropriate use of testing for COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/testing-overview.html>

Testing Healthcare Personnel

Provides a summary of considerations and current CDC recommendations regarding COVID-19 testing of healthcare personnel.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/testing.html>