



Health Care Quality Unit



The KEPRO HCQU cordially invites you to attend...

Risk Reduction, Trauma-Informed Care, and Healing: Providing Trauma-Related Support for People with I/DD

By: Nora J. Baladerian, Ph.D.

Targeted audience for this presentation includes: Family members, I/DD Provider Staff - direct care professionals/ provider agency staff, behavioral/clinical specialists, Support Coordinators, and other professionals who support people with intellectual/developmental disabilities (I/DD).

Seating is Limited

2 SESSIONS

Register Soon

Date: Friday, June 7, 2019

To Register:

First Session: 9:00 a.m. - 12:00 p.m.

Go to hcqu.kepro.com

(Light luncheon served)

Second Session: 1:00 p.m. - 4:00 p.m.

Click on the TRAINING tab in the top navigation

(Beverages provided)

Location: Comfort Inn

Click on INSTRUCTOR-LED TRAINING REGISTRATION in the left-hand column

699 Rodi Road

Complete information, including email for confirmation

Pittsburgh, PA 15235

Select Training: "Special Event: Dr. Baladerian"

(Accessible parking available)

Select Session: 9:00 a.m.-12:00 p.m. **-OR-** 1:00 p.m.-4:00p.m.

Training Hours: 3

(Sessions provide identical information; Please choose one session only; Duplicate registrations will be deleted.)

Cost: FREE of Charge

Documentation for continuing education credits will only be awarded to those who attend the training in its entirety. Attendees are responsible for submitting documentation to their respective agencies.

Risk Reduction

This segment of this presentation describes the “power” of creating a risk reduction plan and how such plans may be developed for each individual in the care of family or agency caregivers. A review of current statistics on abuse of people with disabilities as well as who the perpetrators tend to be will help educate caregivers in developing informed action plans to support individuals who may be vulnerable. A review of existing Individual Response Plans, as well as a few vignettes on the experiences of individuals with disabilities who used them, will demonstrate how successfully these plans may be developed and utilized.

Trauma-Informed Care

This segment of this presentation provides information on trauma and its various forms: direct trauma, indirect (vicarious) trauma, as well as how such trauma effects individuals psychologically, socially, physically, and in other aspects of their lives. In addition to recent traumas, addressing past traumas and how they affect us today will be discussed. Identification of the impact of trauma on caregivers, their co-workers, and the people being served will also be explored.

Healing

This segment of the presentation will focus on healthy relationships, reducing/eliminating trauma, providing non-professional support in daily care; and addressing one’s personal taboos or discomfort when providing that support. Healing trauma has been a conundrum; therefore, this presentation will acquaint participants with a method of healing trauma that is the presenter’s favorite because it works fast, appears to be permanent, and is easily administered.

About the Speaker

Dr. Nora J. Baladerian, a licensed psychologist, is skilled in providing trauma therapy to people who have experienced abuse, with a special focus on individuals with developmental disabilities. Utilizing the knowledge and skills developed in this area, Dr. Baladerian has designed an effective approach for reducing the rate and impact of abuse, with a special focus on understanding and healing sexual abuse. In addition to providing therapy, Dr. Baladerian offers guidance in various areas regarding people with disabilities, including forensic interviewing, supporting interaction skills, and overcoming one’s discomfort in relationship to myths and stereotypes regarding people with disabilities. She is the author of several books related to sexuality and disability, including *The Rules of Sex*. Dr. Baladerian resides in California.

