

## The KEPRO HCQU Website

The KEPRO HCQU website is designed for anyone interested in learning more about supporting individuals with I/DD in terms of physical and behavioral health topics. It is here that one may register for online and instructor-led trainings, as well as access other useful information.

The Home page displays a drop-down menu for easy access to the KEPRO newsletter published bi-annually by the KEPRO HCQU to help readers stay current on medical and behavioral issues, as related to people with I/DD.

To view a list of instructor-led syllabus trainings being offered, click on the [Training](#) tab on the top menu of the Home page. The Training page displays a list of all upcoming training sessions open to anyone, including date, time and location of training. If interested in registering for a training, click on the [Training Registration](#) link on the left menu. Complete the information as directed. It is possible to register one or more persons for one or more trainings at a time by using the [Add Another Registrant](#) button and/or selecting multiple sessions. When your information is complete, click on the [Submit](#) button.

The Training page also offers a [Training Overviews](#) link to view and print the presentation file for each training topic.

The Other Resources tab directs the user to a variety of useful links, including the HCQU's Resource Library, helpful guides, and other informational resources.

If additional assistance is needed in navigating the KEPRO HCQU website, please call 724-864-0715. The KEPRO HCQU staff will be happy to help.

Information or education provided by the KEPRO HCQU is not intended to replace medical advice from the consumer's personal care physician, existing facility policy or federal, state, and local regulations/codes within the agency jurisdiction. The information provided is not all inclusive of the topic presented.

Certificates for training hours will only be awarded to those who successfully complete an online training or attend an instructor-led training session in its entirety.

## KEPRO

KEPRO  
SW PA Health Care Quality Unit  
(KEPRO HCQU)

Phone: 1-888-321-5861

[hcqu.kepro.com](http://hcqu.kepro.com)

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SW PA Health Care Quality Unit—  
KEPRO HCQU

# Online Training Brochure



Serving the following PA Counties:

Allegheny Bedford  
Cambria Fayette  
Greene Somerset  
Washington Westmoreland

## Accessing Online Trainings

To access these training modules, go to [hcqu.kepro.com](http://hcqu.kepro.com). Click on the *Training tab* located in the top left area of the Home page. When the *Training Schedule* page displays, click on the *Online Training Registration* link on the left side of the page. Enter the requested information into the fields on the page and select the training topic you would like to take from the Online Modules dropdown list. If you would like to read a brief description of the content in the module selected, click on the *Course Description* link. Click on the Submit button to receive your registration code for that training module. It is recommended that you print and save the registration code in the event that you need to access the training at a later time.

To access the training, click directly on the registration code to prepopulate the code on the Online Training Startup page when accessing at a later time, click on the *Online Training Startup* link at the left side of the page and enter your registration code into the Registration Code field. Click on the **Next** button and the training module will display in a new window. (If this window does not appear, verify that the computer's pop-up blocker settings allow pop-up windows for this site.)

At the conclusion of each training is a competency based test. A certificate for training hours is generated upon successful completion of the test with a score of 80% or higher. Once you receive the message that you successfully completed the test, click on the *Click here to print out certificate* link to print the certificate.

After the certificate has printed, close the certificate window and visit the Training Evaluation page by clicking on the *Visit the Training Evaluation* page link. Please complete the online evaluation of the training, because your feedback is important to us.

### KEPRO HCQU Online Trainings

- \* Abuse—Individual to Individual
- \* Abuse—Recognizing and Reporting
- \* Advocacy for an Everyday Life
- \* Aging—Medication Management
- \* Aging—Physical Changes and Care
- \* Aging—Retirement
- \* Aging—System Challenges
- \* Anger Management
- \* Arthritis
- \* Aspiration Pneumonia
- \* Autism Spectrum Disorder (ASD)
- \* Behavior is Communication
- \* Behavioral Manifestations of Pain
- \* Bipolar Disorder
- \* Body Mechanics and Back Pain
- \* Boundaries
- \* Bowel Management
- \* Cerebral Palsy
- \* Communicating Effectively w/Healthcare Professionals
- \* Communication: Positive Techniques
- \* Communication: Understanding and Improving
- \* Dementia
- \* Dental Disease Prevention
- \* Depressive Disorders
- \* Diabetes—Basics
- \* Diabetes—Complications
- \* Diabetes—Nutrition
- \* Digestive Disorders—Lower GI
- \* Digestive Disorders—Upper GI
- \* Discharge Planning for Providers
- \* Down Syndrome (Trisomy 21)
- \* Dysphagia
- \* Eating Disorders
- \* Executive Functioning
- \* Fall Prevention
- \* Fetal Alcohol Spectrum Disorders (FASD)



- \* Foodborne Illnesses
  - \* Generalized Anxiety Disorder (GAD)
  - \* Genetic Syndromes
  - \* Hearing and Visual Impairment
  - \* Heart Disease
  - \* HIPAA
  - \* Infectious Diseases: Bloodborne Pathogens
  - \* Infectious Diseases: General Infections
  - \* Infectious Diseases: Resistant Organisms
  - \* Intellectual and Developmental Disabilities (I/DD) Overview
  - \* Intermittent Explosive Disorder (IED)
  - \* Lifesharing—Community Participation
  - \* Lifesharing—Family Dynamics
  - \* Medical Facilities—Appropriate Use
  - \* Medications: Purposes, Types, and Effects
  - \* Neurological Diseases
  - \* Nutrition
  - \* Obsessive Compulsive Disorder (OCD)
  - \* Osteoporosis
  - \* Personal Hygiene
  - \* Physical Distress—Recognizing the Signs
  - \* Poison Control and Prevention
  - \* Positive Approaches: An Overview
  - \* Positive Approaches: De-escalation
  - \* Pressure Sores
  - \* Safety—Tips for Summer
  - \* Schizophrenia
  - \* Seizure Overview
  - \* Sensory Processing Disorder
  - \* Skin Care
  - \* Sleep Apnea
  - \* Standard Precautions
  - \* Stress Management
  - \* Symptoms—Description, Reporting, Documentation
  - \* Thyroid Disorders
  - \* Traumatic Brain Injury (TBI)
  - \* Weight Management
- Webinar Trainings - (pre-recorded)**
- \* Trauma—Causes and Effects
  - \* Trauma—Connection and the Brain
  - \* Trauma—Grief and Loss
  - \* Trauma—Healing and Everyday Interventions

